

March 2010 at GCC

Golf...817-0502

Golf Shop: Tuesday – Sunday 8:00 a.m. – 5:30 p.m.

Driving Range: Closed on Mondays

Tuesday – Saturday: 7:30 a.m. – 6:00 p.m.

Sundays: 7:30 a.m. – 4:00 p.m.

(Range must be picked clean for Monday mowing)

9 holes will be open for play at 1:00p.m. on Mondays after 1p.m. starting on April 5. Check in with the Cart Barn attendant to confirm which 9 will be open.

FROM THE KANDI COMER GOLF ACADEMY:

Intermediate Ladies Clinics

March 23-26 11:00 a.m. – 12:30 p.m.

These clinics are for ladies that have played the game and are looking to tune up their fundamentals after a long winter. We will focus on both the short game and the long game. Golf Members' Price: \$99.00

Two Day School

March 27-28 1:00-4:00 p.m.

This school is led by Kandi and is great for those that want to improve their fundamentals of the swing and the short game. We will use video analysis for this school and you will have a take home manual with drills and effective practice strategies. This school is limited in numbers so you will receive more one-on-one attention with a 4:1 ratio. Golf Members' Price: \$240.00

Men's Golf 101 Clinics

April 6-9 5:30-7:00 p.m.

For the new golfer or for the golfer that has not played in a long time and is looking to get back into the game. We will cover both the full swing and the short game. Golf Members' Price: \$99.00

Short Game School

April 10 1:00-4:00 p.m.

Great way to start the new season off after a long winter layoff. This school will focus on putting, chipping, pitching and bunker shots. This school is led by Kandi and will have a 4:1 student teacher ratio so that each golfer will receive plenty of attention. Golf Members' Price: \$120.00

Spring Break Camp

April 6-8 10:00 a.m.-12:00 p.m.

Looking for something to do during Spring Break? Why not send your kids to a Spring Break Golf Camp. This is an early season fun filled start on the fundamentals of the full swing and the short game. For ages 7-17. Price: \$120.00

To sign up for clinics/ schools listed above:

Please call 817-0500 or email kandi@kandicomer.com If space is available. Non-Golf Members may participate for an additional \$25.00 fee. Please sign up 72 hours in advance. If you have to cancel, please do so at least 48 hours before the scheduled event to receive a refund.

Tee Times

Tee times will begin March 20th (weather permitting). To make a tee time you can call the golf shop at 817-0502. We need at least three names to reserve a tee time. Tee times can be made Wednesday's after 3:00 p.m. before the weekend you wish to play. You only need tee times for weekends and holidays. After 12:00p.m. tee times will be available on a first come first serve basis. If you do not have a threesome, you can show up and the starter will try to pair you with someone or put you in an open spot to tee off. This is also the time to call to sign up for Weekend Warriors and YaYas.

Glenmore Women's Golf Association Opening Event Thursday, April 1 9:30 a.m. Shotgun

9 -Hole Tournament and Opening Luncheon

All Glenmore Golf members are encouraged to sign up and play. The GWGA ladies play every Thursday morning, and have an 18-hole group, 9-hole group, and a 4-hole group. So whatever your level of play, you can get involved. Please call the golf shop no later than Sunday, March 28th at 817-0502 to sign up for April 1st or sign up in the hallway. For all other events, call the Golf Shop before noon the Wednesday before of the week you wish to play at 817-0502 to sign up.

Senior Silver Eagles Opening Event

Tuesday, April 6 9:30 a.m. Shotgun
9 Hole Scramble and lunch following

Open to all male Glenmore golf members that are 50 and older. The Silver Eagles play every Tuesday from April through October. Please call the golf shop no later than Saturday, April 3rd at 817-0502 to sign up for April 6th or sign up in the hallway. For all other events, call the Golf Shop before noon the Sunday before of the week you wish to play.

Men's Day

Wednesdays 12:30 p.m.

All male golf members are welcome to play. All golfers put \$15.00 cash in the pot and the money is paid back for a front nine, back nine and overall winner. The Golf Shop will take signups until Wednesday at 10:00a.m. In case we have space available, players can call to fill up those open slots until 12p.m.

Weekend Warriors on Saturdays & Sundays Tee Times in March-May starting 8:30 a.m.

Open to all male golfers who wish to play. There is a \$20 cash entry fee. A percentage of cash and store credit will be issued to the front nine, back nine, and overall winners. To sign up, call Wed. after 3p.m. - Fri. until 3p.m. of the week you wish to play.

Weekend YaYas on Saturdays

Tee Times in March-May starting at 10:10 a.m.

Open to all lady golfers who wish to play on Saturday. There is a \$10 cash entry fee. A percentage of cash and store credit will be issued to the front nine, back nine, and overall winner. To sign up, call Wed. after 3p.m. - Fri. until 3p.m. of the week you wish to play.

Men's Member-Guest Entries

June 3-5

Entries will be mailed in mid March. To assure a spot in this wonderful event, please return your entry back to the golf shop during business hours. It is first come, first serve. If you did not receive an entry, please call the Golf Shop.

Spring Scramble

Saturday, April 10 10:00a.m. Shotgun

Don't miss this fun event to kick off the season. Open to all golf members both men and ladies. The Golf Shop will pair members into groups and the format will be a scramble. Lunch and winners announced in the ballroom following golf.

Price: \$15.00 plus Cart Fees

2010 Men's Golf Trip

Wednesday, April 14 Depart at 8:00 a.m.

Course: Mattaponi Springs Golf Course

- Ranked # 1 on the East Coast and # 2 in the United States by Golf Digest for Best New Upscale Public Courses for 2005-2006.

- Ranked # 3 by Golfweek for Top Courses in Virginia.

Price: \$90 per person (Incl. green fee, golf cart, boxed lunch, prizes)

Open to the first 24 players to sign up.

*Seats on the bus are limited to the first 14 players to sign up.

Bag Storage & Locker Services

Take advantage of the Bag Storage that Glenmore offers. You will have the convenience of always having clean clubs; no more hassles of carrying them around or loading them in and out of your car. Now they will be ready on a cart waiting for you. Price:

\$150.00 per year

We also offer lockers for those members who wish to keep personal belongings at the Club for their convenience. This service includes unlimited shoe shines

Price: \$150.00 per year

New Products Arriving

Stop in the Golf Shop to check the latest clubs from various manufacturers as well as our spring line of clothing for both men and women. Remember: All members receive a 20% discount off retail prices!

Reminder:

The cancellation policy for all golf events is 72 hours for a full refund. Member-Guest and Member-Member require that we have a replacement team for you if you cancel.

Fitness...817-0536

New Classes added to the Schedule!

Drum with Mike Crawford: Mondays at 9:00 a.m.

Ab Blast with Mike Crawford: Sundays at 5:15 p.m.
(Complimentary for the Month of March)

Please see the calendar for full class schedule.

All Sports @ GCC: Tuesday-Friday 8:00 a.m. to 1:00 p.m.

Weeks of: June 22-25

June 29-July 2

July 13-16

July 20-23

July 27-30

Daily camp activities will cover tennis, golf and fitness clinics along with swim team practice, snack times and recreational fitness/game time. Activities will coincide with GCC Tornadoes Swim Practice to make for a cohesive and fun experience for all. Participants will bring their own snacks daily and participate in ALL activities from start to finish. For Ages 4 to 11.

Member Price: \$195 per week per child (Swim Team Not Included) Resident/Non-Member Price: \$295 per week per child (Swim Team Not Available for Non-Members)

Deadline to sign up is April 30, 2010 (the deadline will be extended based on availability). Please contact Misty Critzer at 817-0531 or mcritzer@glenmorecountryclub.com

Membership accounts will be charged upon registration. Weekly camp tuition for any/all weeks registered will be paid in full and is NON-REFUNDABLE. Resident/Non-Members' tuition will be paid by credit card ONLY! For detailed schedule, please see the 2010 Glenmore Family Guide, which will be mailed shortly to all members.

Member Events...817-0531

St. Patrick's Day Pasta Night

Wednesday, March 17 5:30-8:30 P.M.

Enjoy our traditional Pasta Buffet in the Grill, as well as, an a la carte Traditional Irish Specials Menu. If you'd like to make reservations, please call the Dining Room at 817-0507.

Member Cocktail

Thursday, March 18 5:30-6:30 P.M.

Mingle with members & enjoy some complimentary hors d'oeuvres. Happy Hour pricing will apply.

D.C. Trip to the Newseum

Wednesday, March 24 Price: \$35.00 PER PERSON

Price includes transportation, museum admission, snacks and beverage. Lunch will be on your own. We will depart from the Clubhouse at 8 A.M. and return around 5 P.M. For more information, visit www.newseum.org. Seats are limited...Reservations are required. Please call 817-0531 by Friday, March 20th to reserve your spot!

Tapas Night

Thursday, March 25 5:30-8:30 p.m.

Last one of the year! Enjoy a special a la carte tapas style menu along with our regular dinner menu options. Reservations are recommended...please call the Dining Room at 817-0507.

Cold Mountain Hiking Trip

Sunday, March 28 Depart 9:00 A.M. Return 5:00 P.M.

Strap on your boots and throw on your backpack for a spectacular mountain meadow hike. The Cold Mountain Trail is 5.8 miles and may make you feel more like you're in Scotland rather than the Old Dominion. Price: \$25.00 per person and includes boxed lunch, transportation and bottled water. Reservations are required...please call 817-0531. Please be sure to dress appropriately and bring a backpack!

Mug Club

Begins April 1 Member Price: \$50.00 PER PERSON

This special program includes a personalized mug engraved with your name and discounted prices for all draft beer in both the 19th Hole and Glenmore Grill. Your membership begins April 1, 2010 and will end March 31, 2011. In order to receive engraved mugs by April 1st, we are asking members to sign up by March 15th. Please contact Misty Critzer at 817-0531 or mcritzer@glenmorecountryclub.com.

Family Easter Egg Hunt

Saturday, April 3 10:00 a.m.—1:00 p.m.

Children (Ages 0-8 only) will search our grounds for Easter eggs filled with prizes and candy. Price is \$10.00 per child and includes basket, eggs, prizes and light snacks. Reservations required...call 817-0531.

Easter Brunch and Petting Zoo

Sunday, April 4 Petting Zoo begins at 10:00 a.m.

There will be two seatings at 11 a.m. and 1:30 p.m. for brunch in the ballroom. Be sure to stop by and say hello to the Easter Bunny and his special friends. The brunch menu will be posted on the website shortly. Reservations are required...please call 817-0531.

Morven Estate and Garden Tour

Saturday, April 17 Depart at 9:30 a.m.

Morven Estate and Garden Tour will begin at 10 a.m. followed by a wine-tasting at Kluge Vineyards where you will also be able to purchase lunch on your own. Price:\$35.00+tax per person includes transportation, tour and wine-tasting. Reservations are required...seats are limited and usually fill up quickly. To sign up, please call 817-0531 by Wednesday, March 31.

Princess Tea Party

Sunday, April 18 2:00-3:30 p.m.

Glenmore's little ladies are invited to a tea party hosted by Misty Critzer in the Rivanna Room. Price: Adult \$26.00+tax Children \$16.00+tax includes traditional tea for both mothers and daughters, as well as, games, crafts, prizes, dresses, make-up, jewelry and tiaras. Wear your play clothes and join us for an afternoon filled with sophisticated fun. Ladies are also welcome to bring any jewelry or accessories they would like to wear or share with the rest of the party. Reservations are required...please call 817-0531.

Albermarle County Homes and Garden Tour

Monday, April 19 Depart at 9:00 a.m.

Visit seven beautifully manicured, historic estates in the scenic Blandemar Farms community which is situated on property owned in the 1700s by Col. Charles Lewis. The tour will begin at 10:00 a.m. with a delicious luncheon at St. John the Baptist Episcopal Church nestled in the foothills of the Blue Ridge and continue to the tour until 5:00 p.m. Price: \$60.00 +tax per person includes transportation, coffee, muffins, garden tour, lunch, beverage and snacks. Reservations are required...seats are limited and usually fill up quickly. To sign up, please call 817-0531 by Wednesday, March 31.

Tennis...817-0539

Upcoming Events

March 12:	Cocktail Social in the Ballroom at 6 p.m.
March 16-19:	Ladies Tennis Camp
March 23-26:	Men's & Ladies' Tennis Camp
April 2:	Spring Fling Opening Social
April 30:	2nd Annual GCC Davis Cup Charity Tournament
May 13:	Ladies Spring Invitational
May 31:	Memorial Day Social

Ladies' Tennis

Tennis Camps:

Designed to get you ready for the upcoming season...Drills will get your tennis legs back with significant fitness aspects and sharpen your skills.

March 16-19

2.5/3.0	9:00 a.m.-12:00 p.m.	Price: \$140/wk or \$42/day
3.5/4.0	6:30 p.m.- 8:30 p.m.	Price: \$100/wk or \$30/day

March 23-26

3.5/4.0	9:00 a.m.-12:00 p.m.	Price: \$140/wk or \$42/day
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Doubles Clinics begin March 30, 2010

Returners	Wednesday	9:00 a.m.-10:30 a.m.
3.0	Thursday	9:00 a.m.-10:30 a.m.
3.5	Tuesday	6:30 p.m.-8:00 p.m.
4.0	Friday	10:30 a.m.-12:00 p.m.
Working Women	Saturdays	9:30 a.m.-11:00 a.m.

USTA Tennis:

Teams have been forming all winter to be the best of Charlottesville. If you have not gotten involved call the tennis center today. Leagues matches begin in April and run through June.

Tuesday Tennis League

Tuesdays 9:00 a.m.

Can't play USTA because of the time? Play G.C.C. league tennis. Play against various levels of competition and enjoy free use of the ball

Men's Tennis

Senior Men's Day: Mondays, Wednesdays, & Fridays 9:00 a.m.

USTA Tennis

Practice: Thursdays at 6:30 p.m. Matches: Saturdays at 9:00 a.m.

Join 3.5 men as they try to regain their title.

Men's Tennis Camp 3.5-4.0

March 23-26 6:30 p.m.-8:30 p.m. Price: \$100/ wk or \$30/day

This is the best way to get in tennis shape for the season. Drills and games designed to make you match tough.

3.0 League

Saturdays beginning in April 9:00-10:30 a.m.

Want to break into the competition? The best way is to have a regular game. Call the Tennis Center to add your name to the list.

Men's Night: Tuesdays 7 p.m.-9 p.m.

Come out to play good, friendly, competitive tennis and enjoy some refreshing beverages. Goes year round. Call the tennis center to get on the weekly email list.

Beginner Tennis

Classes: Wednesdays at 9:00 a.m. Play: Fridays at 10 a.m.

Learn the fundamentals to the game and get started right. This class will focus on the basics to give you the best way to improve quickly. This class for new or rusty tennis players is called "Returners."

Advanced Beginner Tennis

Feel like you have the fundamentals but still want improvement? Hop into the returners group for a few sessions until you feel comfortable moving into one of the more advanced clinics. Another quick way to revive your tennis skills is to take a private lesson and get assessed as to which clinic you should join.

Private Group Lessons

Can't make the clinic? Make your own! Schedule a group private lesson. It is the best way to get personalized instruction and still practice with friends. A lesson with 4 people costs \$20/hour. Get a package of 4 and everyone gets \$15 off!
Package Price: \$65 per person

March 2010

Golf
Member Events

Fitness
Tennis

Sun	Mon	Tue	Wed	Thu	Fri	Sat						
	<p>1 Shop, Course, Practice Facilities Closed Sr. Men 9am 20/20/20 w/Lisa 8am Drum! w/Mike 9am</p>	<p>2 Drum w/Mike 9am</p>	<p>3 Men's Day 12:30pm Sr. Men 9am</p>	<p>4 Adult Boot Camp 6pm</p>	<p>5 Sr. Men 9am</p>	<p>6 Weekend Warriors 8:30am YaYas 10:10am Spin 8am Drum! 9:15am</p>						
<p>7 Weekend Warriors 8:30am Scheduled Massage 9am-2pm Adult Boot Camp 4pm Ab Blast 5:15pm</p>	<p>8 Shop, Course, Practice Facilities Closed Sr. Men 9am T & T w/Jayne 8am Drum! w/Mike 9am</p>	<p>9 Drum w/Mike 9am</p>	<p>10 Men's Day 12:30pm Sr. Men 9am</p>	<p>11 Adult Boot Camp 6pm</p>	<p>12 Sr. Men 9am Tennis Cocktail Social 6pm</p>	<p>13 Weekend Warriors 8:30am YaYas 10:10am Spin 8am Drum! 9:15am</p>						
<p>14 Weekend Warriors 8:30am Scheduled Massage 9am-2pm Adult Boot Camp 4pm Ab Blast 5:15pm</p>	<p>15 Shop, Course, Practice Facilities Closed Sr. Men 9am 20/20/20 w/Lisa 8am Drum! w/Mike 9am</p>	<p>16 Ladies Camp 2.5/3.0 9am-12pm Ladies Camp 3.5/4.0 6:30-8:30pm Drum w/Mike 9am</p>	<p>17 Men's Day 12:30pm St. Patrick's Day Pasta Night Sr. Men 9am Ladies Camp 2.5/3.0 9am-12pm Ladies Camp 3.5/4.0 6:30-8:30pm</p>	<p>18 Member Cocktail 5:30-6:30pm Ladies Camp 2.5/3.0 9am-12pm Ladies Camp 3.5/4.0 6:30-8:30pm Adult Boot Camp 6pm</p>	<p>19 Sr. Men 9am Ladies Camp 2.5/3.0 9am-12pm Ladies Camp 3.5/4.0 6:30-8:30pm Ball/Bosu 9am</p>	<p>20 Weekend Warriors 8:30am YaYas 10:10am Spin 8am Drum! 9:15am</p>						
<p>21 Weekend Warriors 8:30am Scheduled Massage 9am-2pm Adult Boot Camp 4pm Ab Blast 5:15pm</p>	<p>22 Shop, Course, Practice Facilities Closed Sr. Men 9am T & T w/Jayne 8am Drum! w/Mike 9am</p>	<p>23 Intermediate Ladies Clinic 11am-12:30pm Ladies Camp 3.5/4.0 9am-12pm Men's Camp 6:30-8:30pm Drum w/Mike 9am</p>	<p>24 Intermediate Ladies Clinic 11am-12:30pm Men's Day 12:30pm Newseum DC Trip 8am-5pm Sr. Men 9am Ladies Camp 3.5/4.0 9am-12pm Men's Camp 6:30-8:30pm</p>	<p>25 Intermediate Ladies Clinic 11am-12:30pm Tapas Night 5:30-8:30pm Ladies Camp 3.5/4.0 9am-12pm Men's Camp 6:30-8:30pm Adult Boot Camp 6pm</p>	<p>26 Intermediate Ladies Clinic 11am-12:30pm Sr. Men 9am Ladies Camp 3.5/4.0 9am-12pm Men's Camp 6:30-8:30pm Ab Blast 9am</p>	<p>27 2-Day School 1-4pm Weekend Warriors 8:30am YaYas 10:10am Spin 8am Drum! 9:15am</p>						
<p>28 2-Day School 1-4pm Weekend Warriors 8:30am Hiking Trip 9am Scheduled Massage 9am-2pm Adult Boot Camp 4pm Ab Blast 5:15pm</p>	<p>29 Shop, Course, Practice Facilities Closed Sr. Men 9am 20/20/20 w/Lisa 8am Drum! w/Mike 9am</p>	<p>30 Ladies Dbls 3.5 6:30pm Drum w/Mike 9am</p>	<p>31 Men's Day 12:30pm Sr. Men 9am Returners Dbls 9am</p>	<p>Weekly Group Fitness Schedule</p> <table border="0"> <tr> <td> <p><u>Monday</u> 6am X-Train 8am See Calendar 9am Drum! 10:15am Yoga 7pm Bike & Box</p> </td> <td> <p><u>Tuesday</u> 8am Spin 9:15am Yoga 10:30am Sr. Fitness</p> </td> <td> <p><u>Wednesday</u> 6am X-Train 8am T & T 9am ZUMBA 10:15am Yoga</p> </td> </tr> <tr> <td> <p><u>Saturday & Sunday</u> See Calendar</p> </td> <td> <p><u>Thursday</u> 8am Spin 9am See Calendar 10am Sr. Fitness 11am Drum!</p> </td> <td> <p><u>Friday</u> 6am X-Train 8am 20-20-20 9:15am Yoga</p> </td> </tr> </table>			<p><u>Monday</u> 6am X-Train 8am See Calendar 9am Drum! 10:15am Yoga 7pm Bike & Box</p>	<p><u>Tuesday</u> 8am Spin 9:15am Yoga 10:30am Sr. Fitness</p>	<p><u>Wednesday</u> 6am X-Train 8am T & T 9am ZUMBA 10:15am Yoga</p>	<p><u>Saturday & Sunday</u> See Calendar</p>	<p><u>Thursday</u> 8am Spin 9am See Calendar 10am Sr. Fitness 11am Drum!</p>	<p><u>Friday</u> 6am X-Train 8am 20-20-20 9:15am Yoga</p>
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